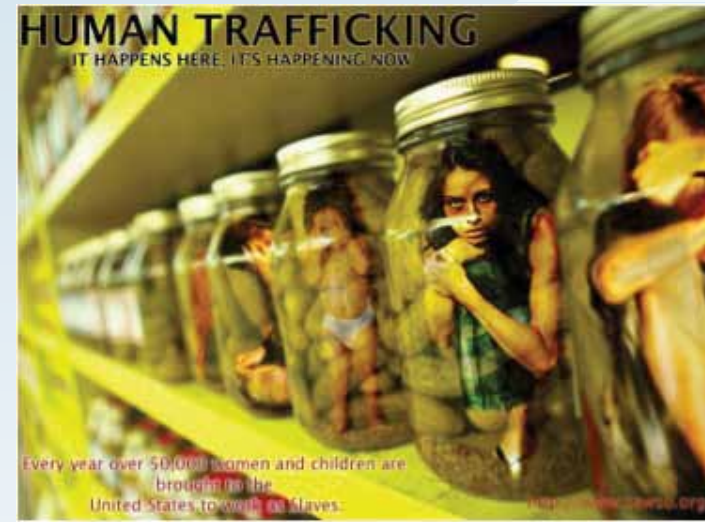


Bernardine Center offered an educational and awareness program on Human Trafficking on August 28th in Chester, PA entitled “Kids for Sale.”

Do you know?

- Human trafficking is the fastest growing criminal industry in the world
- It earns approximately \$32 billion dollars each year
- At least 100,000 children are used in prostitution every year in the United States
- The average age a child is first exploited through prostitution is 13 years old
- There are three categories of human trafficking victims : a) those under 18 involved in commercial sex acts, b) those 18 or over involved in commercial sex acts through force, fraud or coercion, c) those forced to perform labor and/or services in conditions of involuntary servitude, peonage, debt bondage or slavery through force, fraud or coercion.
- Without “demand,” there would be a limited successful human trafficking trade
- Human Trafficking **HOTLINE Number 1-888-3737-888**



Ways to identify a possible trafficking victim:

- Accompanied by a controlling person or boss; not speaking on one’s own behalf
- Bruises, depression, fear, overly submissive
- Lack of control over personal schedule, money, I.D., travel documents



The program was well attended with positive feedback.

Holiday Wish List

Holiday Food Items

- ♥ Turkeys or hams,
- ♥ Canned yams, sweet potatoes or white potatoes
- ♥ Turkey stuffing mixes
- ♥ Cranberry sauce
- ♥ Jello or pudding mixes
- ♥ 1% or 2% milk, no refrigeration needed
- ♥ Grape & cranberry juices
- ♥ Mayonnaise, filled salt & pepper shakers
- ♥ Sugar, flour
- ♥ Can openers

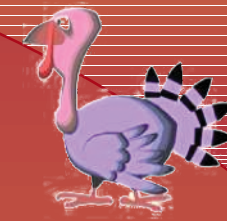
Staple Food Items

- ♥ 1-lb canned hams
- ♥ Tuna, Spam
- ♥ Canned or frozen chicken
- ♥ Beef Stew
- ♥ Chicken & dumplings
- ♥ Canned salmon
- ♥ Similac baby formula
- ♥ Good Start baby Formula



Non-Food Items

- ♥ Laundry soap
- ♥ Toilet paper
- ♥ Toothpaste
- ♥ Tooth brushes
- ♥ Deodorant
- ♥ Shampoo
- ♥ Hair brushes, combs
- ♥ First aid items: band-aides, hand sanitizer, antibiotic ointment
- ♥ Towel & washcloth set
- ♥ Diapers size 3 & up
- ♥ Pull ups 2T & up
- ♥ Diaper wipes



Bernardine Center
2625 West Ninth Street,
Chester, PA 19013
www.bernardinecenter.org

Stamp

THE *Bernardine* Center
A NEWSLETTER OF THE BERNARDINE CENTER

TIMES
A Ministry of the Bernardine Franciscan Sisters

Goings On at Bernardine Center



Marylou, our dedicated food pantry manager and bookkeeper, is always imagining a better way to do something!



Where there is rice cooking, you'll always find Sister Carolyn, our entertaining Westside Brunch Manager!



Gerri, a faithful volunteer, fills the food distribution menu for a family.



Natalina, a dedicated volunteer, interviews a client in preparation for supplemental food distribution.



Four students persevered for the four-week series of the Anger Management program and received certificates. Linda (center), a trusted volunteer, facilitated the September classes.



Jim and Mike, loyal volunteers, pack food for families during food pantry distribution.



Mission Statement

The Bernardine Center provides a helping hand to low-income Chester area residents by distributing emergency or supplemental food and supplies.

The Bernardine Center also offers educational, spiritual and advocacy programs to help clients build better lives for themselves, their families and communities.

All the ministries of the Bernardine Center are rooted in Franciscan hospitality and the social teachings of our Catholic Christian tradition.

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FALL 2013

Bernardine Center In-kind and Monetary Donations

June 22 through October 15, 2013

Adeline Cocchi	Erin Judge	Lucy Giancristoforo	Sister Ruth Ann Rogozinski
Allison Snyder	Estate of Joseph A. Sullivan	Madeline Gudelunas	Sisters of St. Francis of Philadelphia
America's Charities	Feinstein Foundation FEMA/ESP/ United Way	Marge Ziegenfuss	Social Security Office (Chester)
Amy Peterman	Frances Bell, RN	Margaret M Desmond	Sons of Ben
Andrew Kiszka	Frances Rhoda Stier	Marie DeMarco	St. Anastasia Parish
Angeline L. McNelly	Francis I. Corey, Jr.	Marie & Elizabeth Koster	St. Dorothy Church
Anna Mae Duncan	Francis McAlpin	Marie Simpson	St. Francis DeSales Parish
Anonymous	Frank & Mary Fee	Marjorie Hicks	St. John Chrysostom Parish
Anthony Alosi	Gail Blackburn	Marjorie R. Lucci	St. John Vianney Convent
Archdiocese of Philadelphia	Gene Hillman	Mark Dillard	St. John Chrysostom Youth Group
Aretta J. Ryan	Geraldine Randall	Mark & Cynthia John	St. Madeline Parish
Barbara Keosayan	George & Peggy Kau	Martindale's Natural Market	St. Margaret Mary Alacoque Parish
Barbara Mina	Gerry DeFonzo	Mary Cummings	St. Mary Magdalene Community
Beatrice Dufort	Giant Food Stores (West Chester)	Mary Farley	St. Thomas the Apostle Parish
Bernardine Franciscan Sisters	Gil & Joan Bardsley	Maryellen McTeague	Staples
Bill & Maureen Olphert	Gino Benedetti	Matthew Bestercy	State Government SFPP
Bill & Theresa Cupples	Grace & MaryEllen Stankiewicz	Michalene Chabon	Stephanie Malarky
Bowman Andros Products	Harry Saina	Mildred DeMarcantonio	Stephen D. Pollard
Candy Schreiber	Hatboro Needlework Guild of America (NGA)	Minaret Temple Daughters of Isis	Stephen M. Pollard
Carla Seifried	Henry & Alice Dawson	Nancy Gray	Swarthmore College SAAC
Carol Seeley	Independence Foundation	Nancy Hardesty	Tabitha Sioko
Cass Englert	Italo & Jean Taranta	Norman Suchomach	TEFAP - Government Program
Catherine Carpitella	Jack & Connie Kopko	Ola Cannon	Teresa Gonnella
Cathy Shuda	James R & Margaret Bruno	Our Lady of Angels' Convent	The Beneficial Foundation
Charif Showkri	James & Mary King	Our Lady of Charity Parish	The Fresh Market
Charles & Natalina McLaughlin	Jane Irwin	Our Lady of Fatima Music Ministry	The Giving Tree
Chester Monthly Meeting of Friends	Jason & Marjorie Bush	Our Lady of Fatima Senior Group	The Ken Margolis Family Giving Fund
Chester Senior Center	Jean McGarrey	Patricia Sims	Thomas J. Feyas
Chop Care Network (Media Girls)	Joe Pessin	Patty Fletcher	Tina Laboy
Christine Shriba	John & Barbara Kuryea	Paul & Rita Marano	Tom & Tish Gallagher
Chuck Marshall	John & Mary Flynn	Peggy Cully	United Way of Greater Philadelphia & South New Jersey
Church of Saint Kevin	John & Theresa Fetrow	Phillip & Mary Martelli	United Way of Delaware
Cindy Hyden	John J. & Loretta Smith	Pretzel Crisps	Verizon Volunteer Matching Gift Program
Cindy Simms	John J. Jr. & Janice Corcoran	Ramon & Marylou Laboy	Vincent & Donna Ciammetti
Coalition Against Hunger	Joseph & Eileen Butler	Regina DelRaso	Vincent & Felicia Lindsley
Concordville Needlework Guild of America (NGA)	Joseph & Loretta Romo	Renzi's Catering	Wells Fargo Support Campaign
Colleen Sacks	Josephine Curry	Rich & Carol Baca	WIC (Chester & Harrisburg)
Congregation Ohev Shalom	Josh Laster	Richard Ailes	Wilhelm F. & Terry Moller
County Savings Bank	Joyce McKee	Richard T. Murray & Mary O'Gorman	William Dickson
Dave & Barbara Shustock	Judith Burns	Rita Lane	William & Marie Duffy
Dave & Stacie Lospinoso	Kelly Laboy	Robert & Isabelle Morrison	William & Sharon Chalker, Jr.
David & Marilyn Lemmerman	Kevin & Catherine Frayler	Robert & Rosemarie Naef	William & Patricia Cassels
Delaware County Juvenile Probation	Kevin Nederosteale	Robert Godbey	
Divine Child Parent Guild	Kim Novik	Ron & Cheryl Hodgins	
Dr. David & Amy Pollack	Lambert T. Payne	Sacred Heart Parish (Havertown)	
Ed & Arlene Burke	Latifah Beard	Scott & Chris Wheatley	
Edward & Carol Kaiserian	Lauren & Denise Garvey	SIG Combibloc	
Elizabeth Montedrisio	Lillian Cosenza	Sister Joanne Kotwicki	
Erin & Cathy Kirkan	Linda Locklear	Sister Maria J. Riedel	
	Linn Bramble	Sister Marinetta Harenza	
	Lonni Mondello		

Bernardine Center's Summer SuperCupboard

Program ran every Thursday for six weeks from 9:30 AM to 2:00 PM. With the assistance of Penn State's Nutrition Education Program Educator and oversight by Sister Sandra Lyons, BC Director, low-income women delightedly engaged in preparing low-cost but healthy meals, budgeting limited food dollars, analyzing food portions and understanding the significance of food labels on purchased food.

A fun part of each day was sitting down to "their own prepared family meal" together and sharing the company and support of other women in the program. "Graduation" certificates and "kitchen gifts" completed the program.

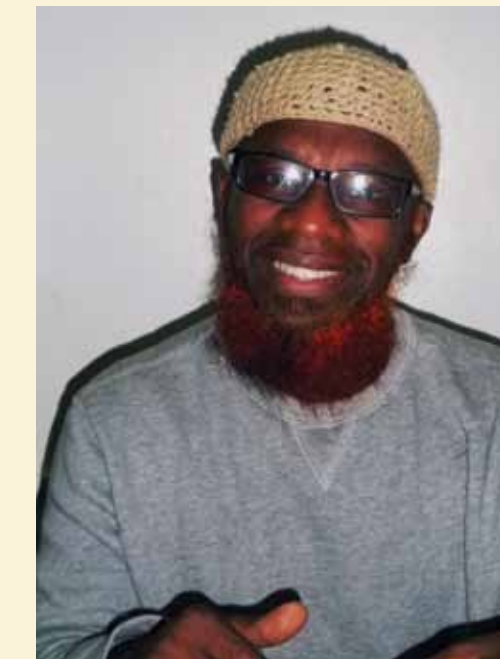


Children of attendees enjoyed special time with age-related activities while mothers participated in the weekly program.

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Faces of Hunger from Bernardine Center



Abdul



Freda



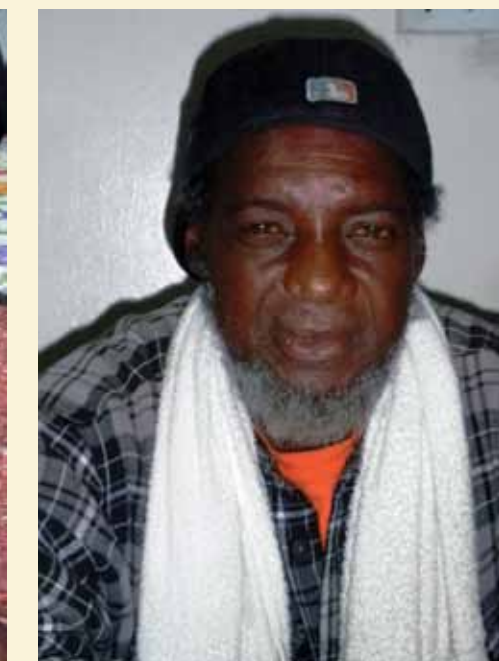
Jayonée



Shynah



Jessie



Lamont



Ishmeal

Give us this day our daily bread!

July 1 through September 30, 2013, Bernardine Center served Westside Brunch to 148 children, 343 seniors and 1,282 adults