

Organizations Contributing Food and Goods to The Bernardine Center

Acme	Panera Bread
B.A.C.A	Pathmark
Bernardine Sisters	Pharm Pro, Inc.
Boscov's Granite Run Mall	Philabundance
Boy Scouts - Essington and St. John Chrysostom	Philadelphia Archdiocese
Caring & Sharing	Polish American Club
Chester Food Co-op	Post Office (Chester/Media)
Chester-Friends	Praxair Health Care
Chester Community Charter School	Prospect Hill Baptist Church
Congregation Ohev Shalom	Riddle Memorial Hospital
County Savings Bank	Sacred Heart Parish
Covanna	Sisters of St. Frances of Phila.
Curves - Boothwyn & Havertown	Sons of Ben
Delaware County Fireman Association	St. Anastasia Parish
Delaware County Juvenile Probation	St. Francis Inn
Dr. Timothy Martin	St. Francis of Assisi Parish
Easton-Aerospace	St. Francis De Sales Parish
Elwyn	St. George Parish
Family & Community Service	St. John Chrysostom Parish
Holy Saviour Parish	St. John's Evangelist School
Immaculate Conception of Lourdes Parish	St. John's Lutheran Church
Independent Retirees United Airlines	St. Joseph Parish & School
Knights of Columbus	St. Joseph Villa
Nativity BVM School	St. Kevin Parish
Newcomers & Neighbors	St. Madeline Parish
NGA	St. Margaret Mary Alacoque
Operation Warm	St. Thomas Moore School
Our Lady of the Angels Convent	St. Timothy Lutheran Church
Our Lady of Charity Parish	Swarthmore College (SAAC)
Our Lady of Peace Parish	T/E Middle School
	T-Fap Government Program
	TK Harvin
	Tom Brinker & Helpers
	Upper Main Line YMCA
	Vanguard
	Villanova University
	Widener University

Cooperating Organizations

Andrea O'Donnell Found.	Chester High School
Catholic Social Services	Chester Rotary
Chester Education Foundation	Chester Senior Services
Ches Penn Services	Chester Salvation Army
Chester Education Foundation	Children & Youth Services
Chester Environmental Partnership	City Team Ministries
Chester Healthy Start	Community Action Agency
	Community Impact Legal Serv.

Cooperating Organizations, cont.

Crozer Chester Med. Center	Office of Services for Aging
Crozer Wellness Center	Neumann College
Delaware Co. Coop Extension	PA Hunger Action Center
Delaware County Interfaith Food Assistance Network	PA Commission on Crime and Delinquency
Delco Family & Youth Services	Pathways PA
Delco Homeless Coalition	Philabundance
Elwyn	Philadelphia Archdiocesan Nutritional Develop. Services
Hispanic Ministry of Delco	The Philadelphia Food Trust
Hispanic Resource Center	Widener University Delco
Knights of Columbus	

Bernardine Center Financial Summary 2007-2008

Revenue

In-kind donations	
Food & Other Goods	\$367,367
Individual/Organization Donations	31,056
Corporate/Matching Donations	1,100
Foundations	4,458
Bernardine Sisters Mission Fund	60,000
Federal & State Grants	81,357
Volunteer Services	43,787
Interest Income	896
Total Revenue	\$590,021

Expenses

Redistributed Food and Other Goods	\$370,052
Payroll and Related Expenses	116,622
Facilities Costs	21,307
Administrative Costs	12,915
Program Costs	60,783
Total Expenses	\$581,679

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Bernardine Center Annual Report 2007-2008



The Center provides a helping hand to low-income Chester area residents by distributing emergency and supplemental food and supplies. It also provides educational programs to help clients build better lives for themselves, their families, and their communities.



Discussing the Food Pantry menu items for the next day's service

Bernardine Center History 1986-2008

The Bernardine Franciscan Sisters established the Center as a 501c3 outreach agency (under the non-profit umbrella of the Archdiocese of Philadelphia) designed and operated to help break the cycle of poverty in the Chester area. Its goals are twofold:

- To meet the needs of economically impoverished families
- To empower individuals and groups to bring about permanent change for themselves, individually and as a society

PROGRAMS

The Westside Brunch is offered three times a week from 10 AM—12 Noon. BC provides an opportunity for community fellowship when area residents are invited to share a nutritious meal prepared by staff and volunteers.

Meals served to:

Households 4,688; Adults 3,694

Seniors 994; Children 62

L.A.T.I.N Program enhanced the lives of nine Latina women who spent four hours weekly for six sessions augmenting their understanding of balanced nutrition and sources of nutritious meals for families. They prepared and ate the noon meal together at a formal table and family setting. English and computer skills were integrated with nutrition and food budgeting education.

Service Policy: Bernardine Center provides service, programs, and referrals to all in need regardless of gender, race or creed.

Food Pantry The FY '07-'08 program provided emergency and supplemental food to 200 families and 20 homebound seniors each month. The Center distributed more than 173,039 pounds of food equaling 82,425 meals. Special holiday meals served:

	Households	Individuals
Thanksgiving	158	457
Christmas	170	597
Easter	181	421

BC is part of the Delaware County Interfaith Food Assistance Network, receiving State and Federal government food.

Volunteers BC's volunteers contributed 3,041 hours interviewing clients, collecting, separating and storing food for redistribution in both the Food Pantry and West Side Brunch, as well as preparing and mailing newsletters.

The Computer Lab houses six computer stations to assist BC's clients with learning computer skills. Volunteer instructors provide individualized training in word processing and use of Internet to access information on jobs and housing.

Work Force Development, funded by the Delaware County Office of Employment and Training, taught welfare-to-work recipients pre-apprentice skills for construction trades.

SuperCupboard Program, taught in conjunction with a Penn State Extension Nutritional Educator, concentrates on basic nutritional education and food safety integrating relevant life skills such as breaking the cycle of poverty, self-respect, boundaries, and dealing with anger. Seven women graduated from the spring 2007 program.

Parenting Class is for traditional and non-traditional families, including custodial caregivers. Interactive lessons are presented with humor with specific program goals and objectives to promote stable and strong family relationships. Clients are referred by the Family Court of Delaware County.

English as a Second Language offers individualized tutoring in English speaking, grammar and writing skills utilizing computer, audio and written materials for practice. Twenty individuals participated.

Miscellaneous Outreach More than \$79,000 worth of clothing, toys, infant supplies and household items were distributed throughout the year as items became available. BC offered a Christmas Shop program that provided gifts to 248 children, 208 adults and 85 seniors. Thirteen families were adopted by donors for the holidays and received generous gifts.

Partnerships to Enhance Client Services include:

Delco Community Action Agency for Federal Food Stamp Program

Elwyn's Education Division of Transition-Aged Students with Special Needs offers service in our Food Pantry

PathwaysPA for financial management
Penn State Extension Service for nutrition curriculum used during SuperCupboard programs

PA Commission on Crime and Delinquency for revitalization of specific westside neighborhoods